



Joan, Age 63

Joan's story

Pfizer life aims to help you make more informed decisions about how you can live your life in the best possible health. This story is an example of one patient's experience with bladder problems. However your experience may be very different.

It was getting to the point that I was an expert in where all the toilets were in the high street. I used to love shopping and getting out and about, but these days I have to plan the simplest trip.

I'm sick of it, its so embarrassing. If I had an accident in the street it would be absolutely mortifying. After all, I know quite a few people in the local area too. What if somebody saw me? I'd never live it down. It was beginning to put me off leaving the house. At least at home I can be sure I'm close to the loo.

One day I found the Pfizer life site after I had searched for information on bladder problems. I have to say it had never occurred to me that my doctor would be able to help me. I thought it was something I'd just have to put up with.

But he has given me some tablets, which have given me back quite a bit more control, and I can't tell you what a relief this has been. I'm beginning to feel like my old self again now and, if I don't tell them, nobody needs to know that I've had bladder problems.