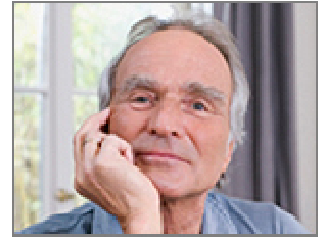


Ron's story



Ron, Age 72

Pfizer life aims to help you make more informed decisions about how you can live your life in the best possible health. This story is an example of one patient's experience with bladder problems. However your experience may be very different.

My son Paul has moved quite far away, but he's always coming home to see his mother and me. My wife gets nervous if we drive all the way to where he lives, and it's much more direct to take the train.

He got a bit angry with us one day, saying that we never go to visit him. And it was true, I've only been in his new house twice in three years.

What Paul doesn't know is that the journey, which is about two hours on the train, really stresses me. That's because of my bladder problem. What if the toilets on the train aren't working? Just thinking about making a fool of myself, and getting off and running about in stations trying to find a toilet raises my blood pressure.

But I've found this hard to talk about with Paul. It's just not something I want to discuss and I think he'd be as embarrassed as me. My wife however told me to talk to my doctor about it. And my doctor was able to help, with practical advice and a treatment that offers some help in managing my bladder.

I find that my confidence has grown a lot now, and we're planning a surprise visit to see Paul and his girlfriend next month. I'm really looking forward to it, now I know the journey won't be such a nightmare anymore, thanks to my doctor.