



Paul, Age 50

## Paul's story

**Pfizer life aims to help you make more informed decisions about how you can live your life in the best possible health. This story is an example of one patient's experience with erection problems. However your experience may be very different.**

Although my wife kept saying that it wasn't really all that important, not being able to get an erection from time to time was bothering me a lot. I mean it's the sort of thing people joke about isn't it? And it was making me feel like a bit of a joke too. I wasn't having that, so I decided to sort things out.

Of course, I knew there were treatments out there. You only have to look at your email spam to see that there are all kinds of bogus treatments for your sex life. But my sex life was too important to just leave to chance. I mean if you ordered something from the Internet how would you know what was in it, or if it was safe?

So I went to see my GP. He told me that it was a common health problem, and that it may be linked to my diabetes. He said that problems with your erection are usually physical. But treatments had come a long way these days, he said, and he gave me a prescription.

I can't say I noticed much of a difference the first time I took it. But my doctor told me to try a few times – and to come back if it wasn't working for me. I don't remember if it was the third or fourth time that everything clicked.

Maybe it's because my wife and I had been feeling really relaxed, or that I'd just got used to the treatment. Anyway – I was really pleased with the results. It was good to feel in control again. And my wife said it was good to see me smiling too. I think it's made a big difference to both of us.